



WASATCH AVIAN EDUCATION SOCIETY

DECEMBER NEWSLETTER

Merry December everybody. I can't believe another year's almost gone and what a year it's been. With all the new families that have adopted, and people that have been coming to our events and our meetings, it is just amazing to see how much we've been growing. It's no wonder that we've run out of birds to foster, because we have so many wonderful families out there who are willing to help. I cannot wait to see what's gonna happen next year, I can only see us getting better.

Before next year though, we have one more thing going on. Did I hear someone say party? That's right everybody, it is time for the holiday get-together. I can't wait to see everybody there, so that we can have a lot of fun and share some moments together. We know Patty Rayman, the pet psychic, is gonna be there. I know I always love talking to her, and I'm sure we all will be happy to see her again. As a reminder, we ask that everybody bring some kind of snack or treat so that we can all enjoy, and as always, we love seeing new faces, so encourage everybody to come. We'll see you soon.

Heidi Shelton-Grimes

Here is a great idea for Christmas breakfast for your parrots!!

Compliments of Madeleine Franco. (www.premiumpinecones.net)



Zoe's Favorite Sweet Potato French Toast - feeds a flock

1 large ruby yam or sweet potato, fully mashed

18 medium eggs, or 14 large eggs

1/2 cup apple juice

1/2 cup cranberry juice

1/2 cup water

1/2 tsp. cinnamon

1/4 tsp. nutmeg

1 - 1.5 loaves multi-grain bread

small amount of butter or margarine (or non-stick pan spray)

Mix all ingredients, except the margarine or butter, in a large bowl, with either a whisk or electric mixer, to form a batter

Dip the slices of bread in the batter and fry both sides till golden brown on an evenly heated (medium heat) griddle pan, onto which you have spread a small amount of the butter, margarine or pan spray. I prefer butter, which is more predictable on a griddle pan. Any excess batter may be used to make sweet potato pancakes, also well received by birds.

Serve to birds cut into eights or sixteenths of a slice, depending on the size of the birds, two points per bird. Leftovers may be frozen in whole slices and defrosted and heated in the microwave.



Take a break from all the holiday bustle and joins us for our WAES Christmas party.

Our meeting is held at 7pm

Salt Lake County Complex

2001 S. State Room N1100 (North building) .

Our meetings are open to the public. Come join us and enjoy our presentations, conversations with other parrot enthusiasts and snacks.

